

Port Allegany School District
Cafeteria Notes for 2022-2023 School Year

Rachel Vargeson, Director of Food & Nutrition

Port Allegany Elementary School
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Port Allegany, PA 16743
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2022-2023 CAFETERIA INFORMATION AND POLICIES

The Port Allegany School District participates in the National School Lunch Program (NSLP) and National School Breakfast Program (NSBP).

The food and beverages we serve at both schools meet the state and federal requirements, which are based on the USDA Dietary Guidelines and Smart Snack guidelines. For additional information please visit the District website <http://www.pasdedu.org>

LUNCH ACCOUNT DEPOSITS

- Deposits may be made by sending cash or a check to school with your student. Students are asked to please make deposits in the morning before homeroom. ALL deposits must be in a sealed envelope with student's name and ID number on the outside.
- The Port Allegany School District also offers an on-line payment system called Schoolcafe.
- The on-line system, www.schoolcafe.com can be easily set up and used to receive low balance notices, monitor student spending and make deposits to their accounts. If you need your student's ID or further instruction, please contact the school.

CAFETERIA DEBT

- Per School Board Policy, a student account must have a positive balance to purchase any a la carte items such as an entrée, ice cream, extra milk, etc. Students are not permitted to pay cash for an item, if they have a negative balance.
- In the case a student reaches a negative balance a parent/guardian will be notified on a weekly basis. When a student account reaches -\$5.00 the parent will receive written notice and the building principal will be notified of the debt. For cases of extreme debt or continual delinquency a negative debt may be turned in for collections.

STUDENT ACCOUNTS

- The student's six-digit District ID is also used for their lunch ID for all cafeteria deposits and purchases.
- Parents may submit in writing, a request that their son/daughter is not permitted to purchase a la carte items. Please contact the Director of Food and Nutrition with questions or concerns.
- In the event a student withdraws from the district with funds in their lunch account, a written request with the student's name, parent name and mailing address must be submitted to the Director of Food and Nutrition.
- Senior accounts with a positive balance may be transferred to a siblings account if requested or will be returned to the student at graduation practice the last day of school. Seniors with a negative balance will be referred to the building Principal for collection.

(OVER)

SPECIAL DIETARY NEEDS

- Schools participating in a federal Child Nutrition Program are required to make accommodations for children who are unable to eat school meals because of a disability* that restricts their diet. In order to make substitutions or modifications to the school meals, the school must have a written Medical Statement on file signed by a licensed physician.
Please contact Rachel Vargeson, DFN for the required form or with questions.
**Only a physician can declare if a student has a disability and must list food or choice of food to be provided as a substitute.*
- All special dietary considerations must be requested each year.

SCHOOL DELAYS

- Parents and students are reminded when school is delayed by 2 hours NO breakfast will be served.

NO FREE MILK POLICY

- The Port Allegany School District does not have a free milk program. The PA Department of Education prohibits schools from having both a free meal program and a free milk program in the same building.

PRICING INFORMATION

- Port Allegany School District will now be providing one FREE Breakfast and one FREE Lunch to all students that are enrolled in the district through the Community Eligibility Provision.
- FREE BEAKFAST AND FREE LUNCH DAILY WITH ALL COMPONENTS NEEDED ANY EXTRA ITEMS OR COMPLETE EXTRA MEAL ARE CHARGEABLE
- The daily breakfast serve consists of at least 4 components and a student must choose at least 3 components, one of which must be a fruit for it to be charged as a meal.
- The daily lunch serve consists of 5 components and a student must choose at least 3 components, one of which must be a fruit or a vegetable.

USEFUL LINKS

www.schoolcafe.com - Use this site to apply for Free and Reduced meals, pay on student accounts, set low balance reminders and monitor purchases.



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FREE SCHOOL MEALS

FOR ALL STUDENTS!

**Port Allegany School
District
has implemented the
Community Eligibility
Program (CEP) throughout
the 2022/2023 school year.**



WHAT DOES THIS MEAN FOR YOUR CHILD/CHILDREN?

What does this mean for your child/ children? He or she is eligible for FREE BREAKFAST and FREE LUNCH at school during the 2022-2023 school year. Your child/children can participate in school breakfast and lunch without having to pay a fee or submit an application. No further action is required by you.

ALL MEALS MEET FEDERAL AND STATE GUIDELINES.

All meals will meet federal and state guidelines. Students must take 3 of the 4 items offered at breakfast, and 1 of those items must be a 1/2 cup fruit. At lunch, students must take 3 of the 5 items offered and 1 of those items must be a 1/2 cup fruit or vegetable.

We are excited to introduce the "Pack and Carry" Option! Students that still want to pack a lunch may do so and also still participate in school lunch. We offer fresh fruits (apple, banana, orange, etc.), fresh veggies (baby carrots or tossed salad for example) and a choice of milk for students to take as they go through the serving lines. These items, along with the packed items, will help complete their lunch at no additional cost to you.

ARE ALA CARTE ITEMS INCLUDED?

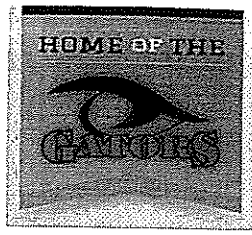
Students who wish to purchase an extra entree, one of our snack options, or just milk must pay for them. This program does not apply to ala carte items.

CONVENIENTLY MANAGE STUDENT ACCOUNTS.

You can add money for your student(s) account to purchase extra meal items or snacks, identify when and what your child/children are eating, and receive low balance account notice by visiting your online payment service.

Rachel Vargeson, Director of Food & Nutrition
Port Allegany School District
foodservice@pasdedu.org
814-642-2544 Ext 4218 OR 814-331-3906





Port Allegany School District

A-la-Carte Pricing

2022-2023

Switch (Flavor Variety)	\$1.25
G2 Gatorade (Flavor Variety)	\$1.00
Water 16.9 oz	\$1.00
Sparkling Ice	\$1.45
Ice Tea	\$1.45
Milk	\$0.65
Vegetable or Fruit Juice	\$0.50
Rice Krispie Treat	\$1.00
Baked Chips (Assorted Variety), Gold Fish, Cheeze It Crackers	\$0.85
Pudding Cup	\$1.35
Chewy Granola Bar -Chocolate Chunk	\$0.75
Grandma's Soft Baked Cookies	\$1.00
Yogurt Parfait 8 oz	\$2.00
Fruit	\$0.60
Vegetable / Potato / Fries	\$0.60
Bread/ Roll / Crackers	\$0.35
Hershey's Ice Cream	
3oz Sundae Cup	\$0.85
Juice Rush	\$0.85
Cone / Sandwich/ Twister	\$1.35
Scooter Stick	\$0.85
Student Extra Entrée	\$1.65
Adult Entrée	\$1.70
Adult Lunch	\$4.02
Adult Salad	\$3.00
Adult Breakfast	\$2.07

Prices are subject to change



Elementary School
A-la-Carte Pricing
2022-2023

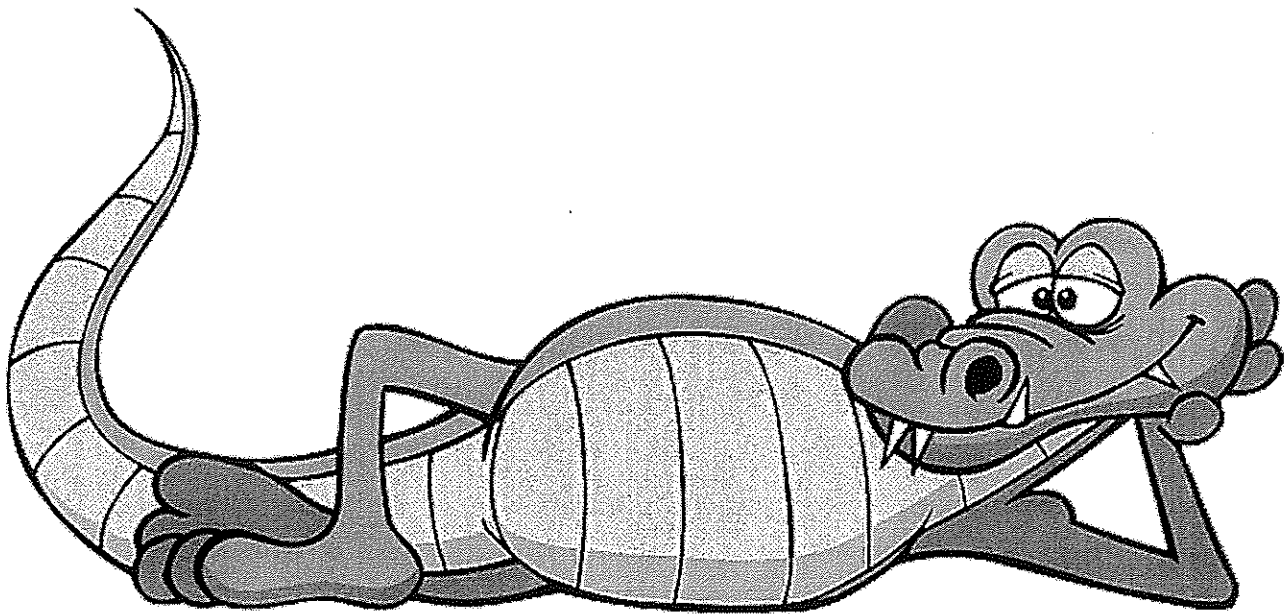
Monday: Baked Chips \$0.85

Tuesday: Hershey's Ice Cream Stick \$0.85

Wednesday: Rice Krispie Treat \$1.00

Thursday: Grandma Cookie \$1.00

Friday: Hershey's Ice Cream Cup \$0.85



Note: Student's must have enough money in their account in order to purchase extras and A-la-Carte items.